

Luke 4:18 Ministries

Heal • Restore • Transform

Follow-Up Letter

Dear Beloved,

We rejoice with you over the new freedom in your life.

Here are a few things to do after your appointment:

1. Spend time in the word and in His presence.
2. Go through and read the prayers out loud at least twice a day.
3. Pick 2-3 promises from scripture to speak over you and your family. Post them in your house.
4. Pray promises and not circumstances.
5. Be careful how and what you speak. Words are powerful.
6. Play worship music at home.
7. Change habits that bring bondage. Out with the old and in with the new.
8. Build Joy and Shalom.

Things to Remember:

1. You are SPIRIT filled! The goal is to work with the Holy Spirit, which rules over soul & flesh!
2. The enemy is always the enemy.
3. We have authority to use the power of Jesus to thwart the enemy's plan, and send every demonic voice (entity) to the feet of Jesus.
4. You are a warrior chosen to be here in such a time as this.
5. You are the righteousness of God in Christ Jesus!

We are all called: *The Spirit of the Lord is on me, because He has anointed me to preach good news to the Poor. He has sent me to proclaim freedom for the prisoners and recovery of sight for the blind, to release the oppressed. (Luke 4:18)*

Blessings,

Luke 4:18 Ministries Team

Luke 4:18 Ministries

Heal · Restore · Transform

Plan of Action

For:

Date:

What was the truth that God told me today?

What is my responsibility to walk out my deliverance?

What do I need to do to keep an intimate relationship with the Lord?

Luke 4:18 Ministries

Heal • Restore • Transform

Immanuel Journaling Worksheet

STEP ONE - Interactive gratitude

Write anything I appreciate and then write God's response to my gratitude.

STEP TWO - I can see you

Write from God's perspective what he observes in you right now, including your physical sensations. Example: I can see you at your desk. Your breathing is shallow, and your shoulders are tight....

STEP THREE - I can hear you

Write from God's perspective what he hears you saying to yourself. Example: You are wondering if I will speak to you and how you would ever know. You are discouraged and tired OR: You woke up full of energy this morning. You are ready to take on the world. Your mind is buzzing

STEP FOUR - I understand how big this is for you

How does God see your dreams, blessings or upsets and troubles? Example: I want you to know that I care about what matters to you. Your desire to honor me brings me great pleasure OR: I understand how intimidated you feel. This situation feels all-consuming to you as if you are about to sink....

STEP FIVE - I am glad to be with you and treat your weakness tenderly

How does God express his desire to participate with your life? Example: Your dreams are precious to me. I fill you with life each day and really enjoy your desire to.... OR: I see your discouragement after yelling again. Times when you are frustrated and tired are when I want to be closer to you....

STEP SIX - I can do something about what you are going through

What does God give you for this time? Example: Come away with me. I offer you times of refreshing, new energy, and vision OR: I will strengthen you. Remember how your friend encouraged you last week? With me you are not alone....

STEP SEVEN - Read what you have written aloud (preferably to someone)

Luke 4:18 Ministries

Heal • Restore • Transform

In Christ Scriptures

I renounce the lie that I am rejected, unloved, dirty or shameful because in Christ I am completely accepted. God says that:

I am God's child (John 1:12).

I am Christ's friend (John 15:15).

I have been justified (Romans 5:1).

I am united with the Lord and I am one spirit with Him (1 Corinthians 6:17).

I have been bought with a price; I belong to God (1 Corinthians 6:19-20).

I am a member of Christ's body (1 Corinthians 12:27).

I am a saint, a holy one (Ephesians 1:1).

I have been adopted as God's child (Ephesians 1:5).

I have direct access to God through the Holy Spirit (Ephesians 2:18).

I have been redeemed and forgiven of all my sins (Colossians 1:14).

I am complete in Christ (Colossians 2:10).

I renounce the lie that I am guilty, unprotected, alone or abandoned because in Christ I am totally secure. God says that:

I am free forever from condemnation (Romans 8:1-2).

I am assured that all things work together for good (Romans 8:28).

I am free from any condemning charges against me (Romans 8:31-34).

I cannot be separated from the love of God (Romans 8:35-39).

I have been established, anointed and sealed by God (2 Corinthians 1:21-22).

I am confident that the good work God has begun in me will be perfected (Philippians 1:6).

I am a citizen of heaven (Philippians 3:20).

I am hidden with Christ in God (Colossians 3:3)

I have not been given a spirit of fear, but of power, love, and a sound mind (2 Timothy 1:7).

I can find grace and mercy to help me in time of need (Hebrews 4:16).

I am born of God, and the evil one cannot touch me (1 John 5:18).

I renounce the lie that I am worthless, inadequate, helpless or hopeless because in Christ I am deeply significant. God says that:

I am the salt of the earth and the light of the world (Matthew 5:13-14).
I am a branch of the true vine, Jesus, a channel of His life (John 15:1, 5).
I have been chosen and appointed by God to bear fruit (John 15:16).
I am a personal, Spirit-empowered witness of Christ's (Acts 1:8).
I am a temple of God (1 Corinthians 3:16).
I am a minister of reconciliation for God (2 Corinthians 5:17-21).
I am God's coworker (2 Corinthians 6:1).
I am seated with Christ in the heavenly realm (Ephesians 2:6).
I am God's workmanship, created for good works (Ephesians 2:10).
I may approach God with freedom and confidence (Ephesians 3:12).
I can do all things through Christ who strengthens me! (Philippians 4:13).

I am not the great "I AM," but by the grace of God I am what I am. (Exodus 3:14; John 8:24, 28, 58; 1 Corinthians 15:10)

Luke 4:18 Ministries

Heal • Restore • Transform

Your Words

As children, many of us sang a song that included the words, "O, be careful little mouth what you say . . ." – an admonition to remember that our words are powerful and that what we say matters more than we can think or know. Hear a small portion of what the Bible has to say about the tongue (mouth):

James 3: 3-12 (NIV) – *"³ When we put bits into the mouths of horses to make them obey us, we can turn the whole animal. ⁴ Or take ships as an example. Although they are so large and are driven by strong winds, they are steered by a very small rudder wherever the pilot wants to go. ⁵ Likewise, the tongue is a small part of the body, but it makes great boasts. Consider what a great forest is set on fire by a small spark. ⁶ The tongue also is a fire, a world of evil among the parts of the body. It corrupts the whole body, sets the whole course of one's life on fire, and is itself set on fire by hell.*

⁷ All kinds of animals, birds, reptiles and sea creatures are being tamed and have been tamed by mankind, ⁸ but no human being can tame the tongue. It is a restless evil, full of deadly poison.

⁹ With the tongue we praise our Lord and Father, and with it we curse human beings, who have been made in God's likeness. ¹⁰ Out of the same mouth come praise and cursing. My brothers and sisters, this should not be. ¹¹ Can both fresh water and salt water flow from the same spring? ¹² My brothers and sisters, can a fig tree bear olives, or a grapevine bear figs? Neither can a salt spring produce fresh water."

How we speak about ourselves and others matters to God. Words that are hurtful or condemning can crush our spirits, as well as those of the people around us. We don't realize how potent everyday phrases are – how they open doors for the enemy to come in and begin to bring those words to fruition. For example, how many times have you heard the following:

- I'll never change – it's just the way God made me.
- This job is killing me!
- Everyone in my family dies of cancer/heart disease/stroke, etc.
- I'll never lose this weight – I just have bad genes.
- That scared me to death!
- She'll never amount to anything.
- He's been this way ever since I married him – he'll never change.
- I'm becoming my mother/father.
- Just you wait until YOU become a parent – then it'll be payback time!

- He/she can't help it – he/she's ADHD; bi-polar; schizophrenic; paranoid; epileptic; mentally ill, etc., etc., etc.
- You're so dumb – just a box of rocks.
- That's the way it's always been/that's the way we've always done it.

And on and on it goes – words that curse ourselves and others. This is not what God has in mind for His people. He wants us to speak words of Life and Truth! Jesus didn't come to give us death – He came to give us life, and life abundant. Why do we use our tongues and words to tear down and destroy? We should be speaking blessings, not curses, over ourselves and everyone we come in contact with. How about exchanging the curses above for the following affirmations:

- With God's help, I can change – “I can do all things through Him who gives me strength.” (Phil. 4:13)
- I am Prince/Princess_____ - a son/daughter of the Most High King!
- My name is written in the Lamb's book of life.
- Nothing is too hard when I look to God for help.
- I have not been given a spirit of timidity or fear, but a spirit of power and of love, and a sound mind. (2 Tim. 1:7)
- I am not my mother/father – I'm me, and I'm fearfully and wonderfully made.
- I am a co-heir with Christ.
- I have a purpose and a destiny, given to me by my Heavenly Father.
- With God's help, I will be the best parent/spouse/sibling/child I can possibly be.
- The past is the past – I can't change it, but I don't have to let it dictate who I am and what I do today.

“This day I call the heavens and the earth as witnesses against you that I have set before you life and death, blessings and curses. Now choose life, so that you and your children may live . . .” (Deut. 30:19). God was very clear, through Moses, about the choice we are called to make - life over death. He even ties our choice to our children's ability to live! It doesn't get much stronger than that.

By continually affirming yourself, others, and thanking God for who you are and how much He loves you, satan won't be able to gain even a *toehold* in your life, much less a foothold. (Eph. 4:27) Let your words be as sweet as honey – *“Gracious words are a honeycomb, sweet to the soul and healing to the bones.”* - (Prov. 16:24).

Be careful about teasing and kidding others – it isn't fruitful and more often than not, your words reflect your true feelings about yourself or someone else. *“But the things that come out of a person's mouth come from the heart, and these defile them.”* (Matt. 15:18). Similarly – *“What goes into someone's mouth does not defile them, but what comes out of their mouth, that is what defiles them.”* (Matt. 15:11).

Next time you get ready to say something about yourself or others, no matter how innocent, insignificant or trivial it may seem, ask the Lord to reveal to you the true significance of what you're about to say. He may have other plans for your words!

Luke 4:18 Ministries

Heal • Restore • Transform

MORNING PRAYER

by Daniel Duval

Father, I come before you in the mighty name of Jesus Christ. You are great, and greatly to be praised! I come boldly before your throne of grace to find mercy and grace to help in time of need. In the morning, O LORD, you will hear my voice. In the morning, I will order my prayer to you and eagerly watch. I take this opportunity to put up smoke screens in the spirit that act as sight and sound barriers against interlopers, satanic agents, and evil spirits.

I decree that I am cleansed of all the filthiness of the flesh and spirit, perfecting holiness in the fear of the Lord, I am washed by the blood of Jesus, which cleanses me of all unrighteousness. I am washed by the water of your Word.

I declare that every evil word that was spoken over me in my dreams, evil prayers, other realms where I was taken, or that were imported into me through technologies, are now being devoured by the locusts of God loosed to create crop failure.

I declare that all evil devices, chains of bondage, evil injections, imprisonments of my humanity, insertions and implants of every type physical, spiritual, and energetic that were established against me in my sleep, are now being consumed in the holy fire of Jesus Christ. I renounce and declare destruction upon all evil altars set up bearing my name or image in every timeline, age, realm, and dimension. I renounce and break the power of all sacrifices or rituals performed on these alters, declaring that they will have no impact on me or anyone else.

I repent for and renounce every act of agreement with evil agendas and assignments taking place during my sleep, including the reception of evil spirit food, counterfeit gifts, callings, mandates, judgments, technologies, counterfeit revelations, and assignments.

I declare that the blood of Jesus covers not only me, but my house, car(s), bank account(s), and everything under my stewardship, in Jesus' name.

I declare that my body is blessed, my soul is blessed, and my spirit is blessed in Jesus' name.

I call for the oil of anointing to be poured over every component of my person, anointing me for service, establishing my heart in joy, and awakening the strength of Jesus Christ in my members.

Angels bless the Lord and praise his holy name! You excel in strength; you perform his Word and you harken unto the voice of his Word. You are made ministering spirits to the heirs of salvation. As an heir of salvation, I speak that your ministry to me is the execution of your assignments.

Angels of finance, you are loosed to bring me what has been appointed to my storehouse, establish me in the provision of the Lord and cause the abundant blessings of God to overtake me.

Angels of opportunity, you are loosed to find and secure opportunities, and to establish an environment of favor around me.

Angels of healing, you are loosed to ensure that attacks against my health are derailed. You are loosed to block the transmission of infectious diseases, to prevent food poisoning, to interrupt accidents that would cause harm to my body, and to heal issues in my flesh, soul, and spirit.

Angels of warfare, you are loosed to conquest the enemies of God that oppose me in my assignments, mandates, and callings. I declare that you conquer all time thieves in the name of Jesus. I identify the strongholds, strategic positions, war rooms, and laboratories of darkness that have been erected against my life

and declare that the warhorses of heaven are loosed against them. I bombard the enemy with hailstones, coals of fire, tsunamis of living water, engines of war, instruments of war, and the armies of heaven. I declare the enemy is pummeled by the smoke from the nostrils of God, the hiss of the Lord that brings the bees and flies, the ravenous beasts, and light of his glory. I release the spear of the Lord, instruments of death, and the razor of the Lord by which the enemies of God are shamed. I cover the encampments of evil with clouds of confusion and smite evil realms pitted against me with plague and disaster in the name of Jesus.

I declare that the sun, moon, stars, and planets are created to praise the Lord. The earnest expectation of the creation eagerly waits for the revealing of the sons of God because the creation itself also will be delivered from the bondage of corruption into the glorious liberty of the children of God. Therefore, I speak to every evil assignment invested into the sun, moon, stars, and planets by witches, warlocks, and the agents of darkness. I declare that they are now being excised by the sword of the Lord. I declare that these evil assignments are being replaced by the word of the Lord which says, Father in Heaven, hallowed be your name, your kingdom come, and your will be done on earth as it is in heaven.

Just as the stars fought in the courses against Sisera, I determine that the stars are now employed in exploits against the enemies of Jesus Christ and fight alongside the children of light to expand the influence of the government of God in the earth.

I declare that creation is reoriented at the outset of this day to serve the Lord and that cosmological powers are employed in the revelation of the glory of God, for it is written that the knowledge of the glory of the Lord shall cover the earth as the waters cover the sea.

I declare that the whirlwind of the Lord surrounds me and my associates. It draws unto us all resources that are expedient relative to our callings and mandates, and it destroys the snares of the enemy from before our face.

Lord Jesus, you are my shield, my buckler, and my rearguard. I take opportunity to assume the armor of God: the helmet of salvation, the breastplate of righteousness, the belt of truth, I put on the shoes of the preparation of the gospel of peace, I take up the shield of faith, the sword of the Spirit, which is the word of God, the garments of vengeance and the cloak of zeal. I will no be afraid of the terror by night, neither of the arrow that flies by day, neither of the pestilence that walks in darkness, neither of the destruction that lays waste at noonday.

I declare that the spirit of excellence rests upon me, and that those over me will seek to set me over entire realms. I declare that my realm is engaged in my assignments. I call it charged with the names of God;

Jehovah-Jireh,

Jehovah-Nissi,

Jehovah-Ra'ah,

Jehovah-Elohim,

Jehovah-Hoseenu,

El-Olam,

Jehovah-Rapha,

Jehovah-Tsidkenu,

Jehovah-Shalom,

Jehovah-Sabbaoth,

El-Shaddai,

El-Roy,

Jehovah-Shammah,

Jehovah-Makeddesh,

Jehovah-Gibbowr,

Jehovah-Issuwz,

El-Elyon,

Yeshuah Ha Mashiach.

I cause my realm and life to come into interface with the seven Spirits of God; the Spirit of the Lord, the Spirit of Wisdom and Understanding, the Spirit of Counsel and Might, the Spirit of Knowledge, and the Fear of the Lord.

I declare that I behold with open face the glory of the Lord and am changed into the same image from glory to glory, even as by the Spirit of the Lord. I seal these declarations across every realm, age, timeline, and dimension, past, present, and future, to infinity. I call this day blessed, fruitful, and prosperous in the mighty name of Jesus. Amen.

Luke 4:18 Ministries

Heal • Restore • Transform

Evening Prayer

By Daniel Duval

Father, I come before you in prayer. I enter into your gates with thanksgiving and enter into your courts with praise. I praise you because you are worthy, holy, righteous, and just. I plead the blood of Jesus over myself, my dwelling place, my spouse, my children, my car, my bank account, and everything under my stewardship. I pray that your heavenly hosts, your angels, would guard this dwelling place round about, both above and below, and against every dimensional access point, in Jesus' names. I will say of the Lord that you are my refuge and my fortress, my God, in you will I trust. I thank you that you set a hedge of protection round about me and that no plague will come near my dwelling. I thank you in advance that every curse, hex, vex, spell, incantation, voodoo, sorcery, form of witchcraft, dark art, or other form of weaponized demonic activity sent against me would be reversed upon the heads of the senders seven-fold that they would know that Jesus is Lord. Moreover, I pray that every human spirit, fallen angelic spirit, or otherwise malevolent spirit attempting to come against me or my household would be apprehended by your heavenly hosts such that they cannot so much as set foot upon this property. I pray that they would be escorted out to wherever the Lord Jesus sends them, pierced through with many arrows and discomfited by your lightning in the process, that they would know that Jesus is Lord. Furthermore, I cancel and render powerless all attempts at mind-to-mind communication, dream manipulation, and all other forms of psychic and telepathic intrusion, in the name of Jesus. I thank you that all of my dreams are inspired by your Holy Spirit. I declare that my sleep will be sweet, uninterrupted, and that upon waking I will be well rested. I also put on the armor of light. I take up the helmet of salvation, the breastplate of righteousness, the belt of truth, I declare that my feet are shod with the preparation of the gospel of peace, and I take up the shield of faith to quench all the fiery darts of the wicked one, and the sword of the Spirit, which is the word of God. I pray all this in the mighty name of Jesus. Amen.

Luke 4:18 Ministries

Heal • Restore • Transform

CLEANSING THE HOME

Our eternal dwelling place is with Jesus, the Prince of Peace. In His Presence is fullness of joy. He is our Light and Life. Our home on earth should possess these qualities, as well. Often times, however, our home can feel more like a battleground; it manifests what's going on in the spiritual realm. Through prayer we can take back this ground and cleanse our atmosphere of demonic interference.

Cleansing your home can drive out confusion that wants to rob you and your family of sleep, harmony in relationships, bad habits and anxiety. Peace and blessing can rule in your home. Praying through the house should be done when you move into a new home, but also can be done when you sense strife or a lack of peace. Cleanse the atmosphere and restore God's order to your dwelling place.

Take anointing oil with you to apply to doors and windows that serve as gateways of entry to the outside, but also within the house. As you enter each room, ask God to show you what is going on in that room. Holy Spirit will reveal specific areas to pray about. There may be a need for repentance for sin committed in that room. Or there may be blessings the Lord wants to release to the family or the individual whose room it is. Ask the Lord to show you any unholy or cursed objects that need to be removed from the room, home or property.

Here is a simple prayer to pray through the rooms of your house.

Lord Jesus, thank you for giving me authority to cleanse and pray over my domain. You have made me to be the steward of my home and today I invite your presence to rule and reign in our midst. I ask you to reveal to me any specific areas that need prayer in this room. I repent for the sin committed in this room. I decree Your Blood covers this sin and restores Godly order here. I establish You as King in this place and say to every unclean spirit you are no longer able to rule in this place. I command you to go where the Lord Jesus sends you now. I release angels to take up their place in this room and to guard all who enter here. Carry out the blessings of the Lord intended for those who dwell here. I decree that no evil shall befall us, nor shall any plague come near this dwelling place, for we abide under the shadow of the Almighty. I release the Spirit of Wisdom and Revelation to uncover the mysteries of heaven as we gather in this room. Enlighten the eyes of our understanding and cause our hearts to be turned toward You.

Here is a more general prayer to cover your entire home and property.

Lord Jesus, all You have given to me, I give back to You. I decree that You are the lawful owner of this dwelling place and I declare that this is a habitation of righteousness made for Your glory. I speak the Name of Jesus and the power of His

Blood over this home and property. I now command that any objects, curses, hexes, vexes, spells, incantations, forms of witchcraft or demonic activities that have taken up residence be rendered null and void by the authority and power of Jesus' Blood and the His Name. I command all demonic spirits to leave the premises now and the effects of their curses be reversed and turned back against themselves. I seal up all points of entry, every portal and gateway with the Blood of Jesus. Thank you, Jesus, that by Your Blood we are protected from any astral projection trying to enter this home. I decree that Jesus is a wall of fire around this dwelling place and He is constantly rejoicing over this dwelling place. I decree the blessings of God are overtaking us continually and we are prospering. All relationships, businesses, ministries, finances, health, and family matters that take place under this roof are covered by Your Blood and blessed by You. I command angels to be stationed at the four corners of this property and for legions of angels to guard and keep us according to Your Word. Thank you that You alone are our strong tower, our Protector, Healer and Deliverer. We yield ourselves and our dwelling place to You. Amen!

CLEANSING THE LAND

- On arrival at the property, praise the Lord and exalt His name.
- Confess the sins that you know, or suspect, took place on the property. God may give you fresh revelation as you walk the land. (4 ways land can be defiled: idolatry, immorality/fornication; bloodshed, broken covenants.)
- Take the Lord's Supper together. It is through the Blood of Christ that the cleansing comes. Hebrews 9: 26; Numbers 35:33 Remember the land is punished for its sin (Lev. 18:25) By the act of celebrating the Lord's supper on the land, we appropriate by faith the shed blood of Christ on God's land, in order to expiate (make amends for) the iniquity and blemish of sins.
- Thank Jesus for His presence and call for the protection of the Lord and angels.
- Declare that the curse over the land is broken.
- Pour out bread, wine, salt on the land as a symbol of His redemption.
- Anoint the land with oil as Jacob did (Genesis 28:18,19).
- Dedicate the land to the Lord and command all evil spirits to go; their hold is broken.
- Ask for angels to be posted around the perimeter of the land.
- Place the stakes, with scriptures written on them, in the ground. (We sometimes place a scripture stake at the 4 corners of the property.)
- Declare victory. Praise His Power! Psalm 24; Psalm 68:1-4.
- Pray protection over yourselves – no retaliation, revenge, retribution. Plead the blood over all who participated, including families, pets, ministries, cars.

Luke 4:18 Ministries

Heal • Restore • Transform

GOD CREATED US FOR JOY!

And be not grieved and depressed, for the **joy** of the Lord is your strength and stronghold. *Nehemiah 8:10b (AMP)*

For the kingdom of God is not a matter of rules about food and drink, but is in the realm of the Holy Spirit, filled with righteousness, peace, and **joy**. *Romans 14:17 (TPT)*

For you shall go out [from the spiritual exile caused by sin and evil into the homeland] with **joy** and be led forth [by your Leader, the Lord Himself, and His word] with peace; the mountains and the hills shall break forth before you into singing, and all the trees of the field shall clap their hands. *Isaiah 55:12 (AMP)*

I will jump for **joy** and shout in triumph as I sing your song and make music for the Most High God. *Psalms 9:2 (TPT)*

JOY gave Jesus His Strength: We look away from the natural realm and we fasten our gaze onto Jesus who birthed faith within us and who leads us forward into faith's perfection. His example is this: Because his heart was focused on the **joy** of knowing that you would be his, he endured the agony of the cross and conquered its humiliation, and now sits exalted at the right hand of the throne of God! *Hebrews 12:2 (TPT)*

JOY is why Jesus Spoke to Us:

My purpose for telling you these things is so that the joy that I experience will fill your hearts with overflowing gladness! *John 15:11 (TPT)*

We complete Jesus' JOY and We are to be Filled with that JOY:

But let them all be glad, those who turn aside to hide themselves in you. May they keep shouting for **joy** forever! Overshadow them in your presence as they sing and rejoice. Then every lover of your name will burst forth with endless **joy**. Lord, how wonderfully you bless the righteous. Your favor wraps around each one and covers them under your canopy of kindness and **joy**. *Psalms 5:11-12 (TPT)*

Until now you've not been bold enough to ask the Father for a single thing in my name, but now you can ask, and keep on asking him! And you can be sure that you'll receive what you ask for, and your **joy** will have no limits! *John 16:24 (TPT)*

JOY is the youngest emotion:

The moment you came in the door and greeted me, my baby danced inside me with ecstatic **joy!** *Luke 1:44 (TPT)*

JOY is why Scriptures were written:

We are writing these things to you because we want to release to you our fullness of **joy.** *1 John 1:4 (TPT)*

We are each other's JOY!

For what will be our *confident hope, our exhilarating joy, or our wonderful trophy* that we will boast in before our Lord Jesus at his appearing? It is you! Yes, you are our glorious *pride and joy!* *1 Thess. 2:19-20 (TPT)*

JOY characterized His disciples:

They left the new converts in Antioch overflowing with the **joy** of the Holy Spirit. *Acts 13:52 (TPT)*

Now may God, the inspiration and fountain of hope, fill you to overflowing with uncontainable **joy** and perfect peace as you trust in him. And may the power of the Holy Spirit continually surround your life with his super-abundance until you radiate with hope! *Romans 15:13 (TPT)*

JOY and God's Face

Gaze upon him, join your life with his, and **joy** will come. Your faces will glisten with glory. You'll never wear that shame-face again. *Psalms 34:5 (TPT)*

O God, my saving God, deliver me fully from every sin, even the sin that brought bloodguilt. Then my heart will once again be thrilled to sing the passionate songs of **joy** and deliverance! Lord God, unlock my heart, unlock my lips, and I will overcome with my joyous praise! *Psalms 51:14-15 (TPT)*

So listen, my sons and daughters, to everything I tell you, for nothing will bring you more **joy** than following my ways. *Proverbs 8:32 (TPT)*

A **joyful**, cheerful heart brings healing to both body and soul. But the one whose heart is crushed struggles with sickness and depression. *Proverbs 17:22 (TPT)*