

FORGIVENESS – KEY TO DELIVERANCE AND HEALING

Unforgiveness is a major barrier to receiving physical and spiritual healing and deliverance.

See **Mark 11: 25-26** and **Matthew 6:14-15**.

Pray and ask God to remind you of the people you need to forgive – whether the offense is something that happened today or years ago. Make a list of the names.

You then need to forgive each of them, one by one, saying:

**In the name of Jesus, “I forgive _____ for _____
_____, which made me feel _____.
I forgive and release _____ into blessings. I rejoice that I no
longer will carry this burden.”**

**“I repent for judging _____. I sever the judgement; I call
it null and void and I bind every demonic power that has been
assigned to carry out the judgement in Jesus’ name.”**

BREAKING SOUL TIES

Soul ties are formed by sexual involvement outside of marriage, drug use/sharing of needles, and often by giving someone unrighteous authority in your life.

Breaking soul ties involves repenting of the sexual or other sin, forgiving the person if that is necessary, renouncing any covenants made with the person, and then verbally breaking the soul tie with a prayer such as:

**“In the name of Jesus, “I break every ungodly soul and spirit tie with
_____. I return to _____ all that is his/hers and take
back all that is mine, cleansed by the Blood of the Lamb.”**